

10 AUGUST 2015

YOU

'I'm
STRONG,
not
SKINNY'

Millie Mackintosh

on how she
honed her
super-toned
new look

REAL LIVES
'MY MOTHER'S
DYING WISHES
TORE OUR
FAMILY APART'

LIKE IT,
SWIPE IT,
WEAR IT!

Online fashion just got super-speedy




beauty buzz

By Bella Blissett



PREPARE TO CHANNEL YOUR INNER CARA OR LILY (see p34), because when you buy a Studio 10 Brow Lift Perfecting Liner (£22, marisandspencer.com) they'll donate another to charity - Look Good Feel Better's beauty workshops for women undergoing cancer treatment (lookgoodfeelbetter.co.uk). Text BROW10 followed by an amount to 70070 to add a further donation. Then produce a video-selfie trying to raise one brow, nominate friends and post on social media with the hashtag #raiseabrow to promote the cause.

 Tweet your questions to @YouMagSocial



DISH THE DIRTEA

From Diamond to Chai & Coconut, Dirtea's face and body scrubs skim away scalliness after summer. From £22.95, shop.kloodos.com.



ISABEL MARANT



THE CONTOURING TREND that promised us the killer cheekbones of Kim Kardashian is entering a new phase for autumn, as the Isabel Marant show (left) showed. Estée Lauder's New Dimension range brings the premise of make-up contouring to skincare: Expert Liquid Tape is a targeted treatment that lifts and sculpts the eye area (£46, esteeauder.co.uk, from Tuesday). Another trick is 'strobing', which defines the features with highlights rather than darker shades - try layering the pretty shades in Laura Mercier's Candleglow Luminizing Palette (above) over cheeks and temples (£45, spacenk.co.uk, from 15 September). Finally, Dior's Fix It 2-in-1 Prime & Conceal (below, £23.50, nationwide) - a marvel of many talents - conceals shadows and fills lines around eyes, and smooths and shapes lips when applied before lipstick.



KIM KARDASHIAN



Five minutes is all the trio of super conditioners in Neul & Wolf's Harmony Intensive Care Treatment need to restore order to frazzled hair. £13.50, neulandwolf.com.

ON CLOUD 9

You'll find no cleverer concept in scent than Roads: a publishing, film and scent house inspired by contemporary culture and the emotions provoked by life's many twisting pathways. A floating elixir of geranium, vanilla, amber and musk, Cloud 9 is like elation in a bottle. £80 for 50ml eau de parfum, selfridges.com.

